

Nurture Connection Presents:

The Power of Codesign in Research

How Parent Partnership Supports Practice Transformation

Welcome!



About Nurture Connection

A national network committed to promoting Early Relational Health. By supporting strong, positive, and nurturing early relationships for every family, we can build healthier, more connected communities.

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The Power of Codesign in Research

How Parent Partnership Supports Practice Transformation



**Nikki Shearman,
PhD**

Chief of Research
& Innovation,
Reach Out and Read



**Dani Dumitriu,
MD, PhD**

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Nicole Loveless

Parent Leader, Family
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**David W. Willis,
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Founder and Director,
Nurture Connection





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Parent Leader,
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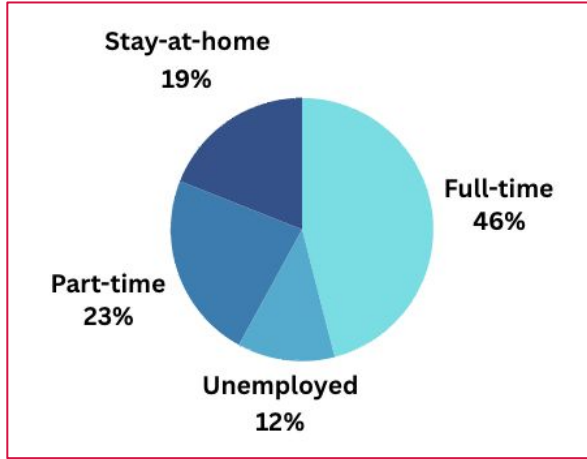
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Co-Designing with Parents

A Parent/Caregiver-Clinician Relationship Survey





14% 
 CALIFORNIA - 5 parents

37% 
 FLORIDA - 13 parents

14% 
 PENNSYLVANIA - 5 parents

20% 
 NEW JERSEY - 7 parents

14% 
 NEW MEXICO - 5 parents



Delphi Method with Parents



Iterative, structured, group-based communication to come to an agreement on questions



Group of parents are asked the same questions several times; given summary feedback between rounds



Sharing the other parents' answers will help develop consensus



Parent/Caregiver-Clinician Relationship Survey

Survey Items	Core Themes
My child's doctor.....	
talked about my child's health in the way I understood	Patient-Centered Communication
gave me the information needed to make the right decision for me and my child	
gave me information on how to get in touch with them	
addressed my questions and concerns	
gave me full attention	
did not seem rushed during the visit	
worked with me in making decisions about my child's health	
was kind and showed they cared	
made a connection with me and my child	
made me feel valued and respected	
did not judge me	
made me feel safe and comfortable	Comfort and Safety
The doctor's office staff were respectful and professional	

Parent Experience



Desarae Smalls

Parent Leader,
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Pediatrician Perspective



Dani Dumitriu, MD, PhD

Pediatrician, Associate Professor of Pediatrics
and Director of the Center for Early
Relational Health, Columbia University

Save the Date: Thursday, October 9th, 2025

A sneak peek at our first findings from this work!

Centering parent voices to learn
about parent-child relationships



Dani Dumitriu, MD, PhD

Pediatrician, Associate Professor of Pediatrics
and Director of the Center for Early Relational
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Audience Q&A





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www.nutureconnection.org



Thank you!

